



MORPHEUS 8 POST PROCEDURE INSTRUCTIONS

- Redness and slight texture of the skin, lasting up to 24-48 hours is a typical skin reaction to the Morpheus 8 treatment. Bruising is normal for the first 7-10 days following the procedure. Individuals may also experience temporary scabbing in a grid like pattern, do not pick or scrap the scabbing as this may result in permanent discoloration. Many of these symptoms will dissipate in 1-2 weeks.
- Some individuals may experience a temporary break out in the treatment area. Do not scratch or pick at blemishes that may surface. Allow them to heal and naturally flake off.
- Sun block should be used for 3 weeks following the treatment, along with avoiding direct sunlight and/or sun tanning. Treated skin will be sensitive to the sun after a Morpheus 8 treatment, which could result in a painful sunburn.
- Use a gentle cleanser with lukewarm water at least twice a day during the healing process. Follow all skincare regimen advice that is given to you by your practitioner. For the first three days a gentle cleanser will be used followed by an occlusive ointment to help protect the skin.
- Patients should avoid any physically or chemically exfoliating skin care products such as products that contain active acids or abrasive qualities including but not limited to salicylic acid, Vitamin C or any derivatives of Vitamin C, benzoyl peroxide, Retin-A, Retinol, lactic acid, glycolic acid for at least two weeks after the treatment.
- Avoid strenuous exercising, hot baths, showers, or hot tubs for at least 48 hours. Overheating the skin in the first 24 – 48 hours can alter the final results.