



Lumecca IPL Post Procedure Instructions

- Redness of the skin, lasting up to 24 hours is a typical skin reaction to the Lumecca treatment. Bruising and darkening of pigmented lesions is normal for the first 3-7 days following the procedure. This will dissipate in 1-2 weeks.
- Do not scratch or pick at blemishes or scabbing that may surface. Allow them to heal and naturally flake off.
- Sun block should be used for 4 weeks following the treatment, along with avoiding direct sunlight and/or sun tanning. Treated skin will be sensitive to the sun after an IPL treatment, which could result in a painful sunburn.
- Moisturizer may be applied after each treatment. Keep skin moisturized at all times.
- Use a gentle cleanser with lukewarm water at least twice a day during the healing process. Patients should avoid any physically or chemically exfoliating skin care products such as products that contain active acids or abrasive qualities including but not limited to salicylic acid, Vitamin C or any derivatives of Vitamin C, benzoyl peroxide, Retin-A, Retinol, lactic acid, glycolic acid for at least two weeks after the treatment.
- Avoid strenuous exercising, hot baths, showers, or hot tubs for at least 48 hours. Overheating the skin in the first 24 – 48 hours can alter the final results.
- Light make-up as tolerated may be applied 24-48 hours after the treatment but be sure to be gentle when removing makeup.